

PROVIDER NAME	DOB	/	/	/
PATIENT NAME	DATE	/	/	/

STEP 1 GSR®

CLEANSE	AM		PM	
Hydrating Cleanser				
Gentle Cleanser				
Exfoliating Cleanser				
EXFOLIATE	AM		PM	
Exfoliating Polish				
Dual Action Scrub				
TONE	AM		PM	
Calming Toner				
Oil Control Pads				
Complexion Renewal Pads				

STEP 2 PREVENT + CORRECT

ANTI-AGING	AM		PM	
Instant Pore Refiner				
Firming Serum				
Daily Power Defense				
10% Vitamin C Self-Activating				
Growth Factor Serum				
Radical Night Repair*				
Wrinkle + Texture Repair*				
Tretinoin / ReFissa®*				
Exfoliation Accelerator*				
Enzymatic Peel				
BRIGHTENING	AM		PM	
Brightalive® Skin Brightener				
Retinol Skin Brightener 0.25% 0.5% 1%*				
Pigment Control Crème				
Pigment Control + Brightening Crème*				
Pigment Control + Blending Crème + Tretinoin / ReFissa® / Wrinkle + Texture Repair*				
ACNE	AM		PM	
Acne Control*				
Correct + Conceal Light Medium				
Sulfur Masque				
REDNESS	AM		PM	
Rozatrol®				

STEP 3 PROTECT

	Sunscreen + Primer SPF 30		Smart Tone SPF 50		
	Broad-Spectrum SPF 50		Daily Sheer SPF 50		

HYDRATION + CALMING

	AM		PM	
Renewal Crème				
Recovery Crème				
Surfatrol®				
Pomatrol®				
Hydrating Crème				

EYE

Intense Eye Crème				
Hydrafirm®				

HAND + BODY

Body Emulsion				
Cellulite Control				

ADD-ONS

IN-OFFICE TREATMENTS

<input type="radio"/> Stimulator Peel	<input type="radio"/> Ultra Hydrating Treatment	<input type="radio"/> Invisapeel™ Resurfacing Treatment
<input type="radio"/> ZO 3-Step Peel®	<input type="radio"/> Skin Brightening Treatment	<input type="radio"/> Hand Renewal Treatment
<input type="radio"/> ZO Controlled Depth Peel®	<input type="radio"/> Acne + Oil Control Treatment	<input type="radio"/> HydraFacial Brightalive® Booster Treatment HydraFacial Rozatrol® Booster Treatment

NOTES

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ADDITIONAL INFORMATION

PRODUCT APPLICATION AND LAYERING GUIDELINES

Apply products to fingertips (not palms) and massage into the skin until fully absorbed. Once absorbed, continue with layering steps in the protocol.

ANTICIPATED REACTIONS

The protocol selected must be used regularly to achieve maximum results. It takes 2–6 weeks for transformation to begin and 5 months of daily use for maximum results. Initial skin reaction are signs of good repair.

- Initial skin reaction are signs of good repair.
- Normal skin reactions include: pinkness / redness, dryness, peeling, irritation, itching and burning.
- Products marked with* may cause short-lived reactions.
- More reaction may occur in sensitive areas: Eyes, mouth, neck and chest. Do not apply Oil Control Pads, Complexion Renewal Pads or Exfoliation Accelerator on eyelids.
- Unless otherwise instructed, you are in control of program strength and speed of the repair phase.
- To reduce reactions:
 - Use lower strength
 - Use less product
 - Decrease the frequency of application. For example, start 2–3x/week and increase to every day as tolerated.
 - Apply a recommended Hydration + Calming product.
- Application of less product will result in less anticipated skin reaction, but slower repair. A slow program is not recommended for certain skin problems.
- To stop skin's reaction (e.g. special event), stop using the products that cause reaction for 4 days before the event. Resume as normal after the event.